

5. Demonstrate correct hitting techniques, _____
including bunting. _____

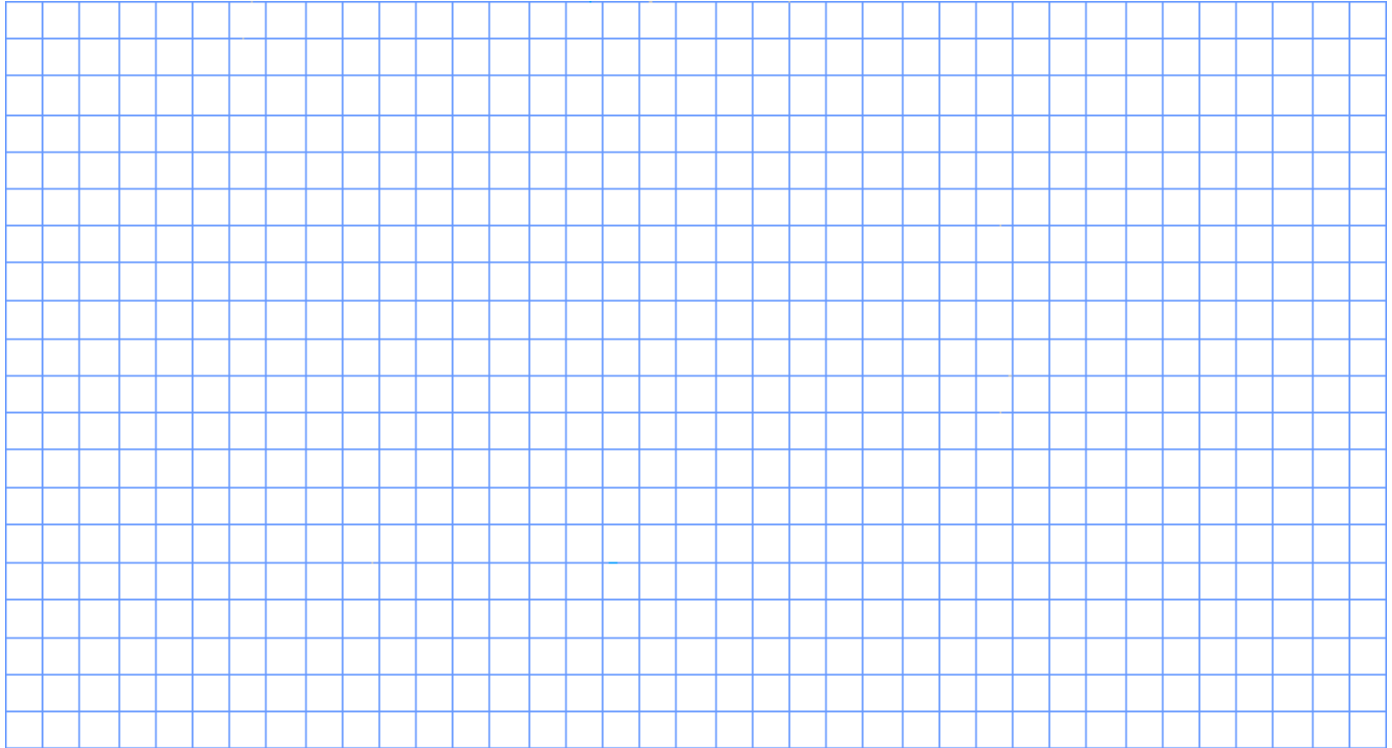
6. Explain the rules of base running. _____

Explain base coaching signals. _____

7. Demonstrate skill in the following sliding techniques: the straight-in slide, _____
the hook slide, _____
and the headfirst slide. _____

8. Play five games of baseball using standard baseball rules. _____

9. Draw a baseball field to scale or set one up for play. _____



10. Attend a high school, college, or professional baseball game. _____

11. Read a book about a baseball player and give a report about him or her to your den or family. _____

Online Resources (Use any Internet resource with caution and only with your parent's or guardian's supervision.)

Cub Scout Advancement: <http://usscouts.org/advance/cubscout/ranks.asp>

Tiger: <http://meritbadge.org/wiki/index.php?title=Tiger>

Wolf: <http://meritbadge.org/wiki/index.php?title=Wolf>

Bear: <http://meritbadge.org/wiki/index.php?title=Bear>

Webelos: <http://meritbadge.org/wiki/index.php?title=Webelos>

Cub Scout Academics and Sports Workbooks: ▶ meritbadge.org -or- ▶ [Academics](#) / [Sports](#)

Webelos Activity Badge Workbooks: ▶ usscouts.org -or- ▶ meritbadge.org

Boy Scouts of America: <http://www.scouting.org/> ▶ [Guide to Safe Scouting](#) ▶ [Age-Appropriate Guidelines for Activities](#)

[ExpertVillage.com Lesson Videos:](#) [Warm Up](#) [Stretching](#) [Running](#) [Baseball](#)

Baseball History, Overview: <http://en.wikipedia.org/wiki/Baseball>

Baseball Rules: http://en.wikipedia.org/wiki/Baseball_rules

Simplified Baseball Rules: http://en.wikipedia.org/wiki/Simplified_baseball_rules

Major League Baseball: <http://www.mlb.com/>

Science of Baseball: <http://www.exploratorium.edu/baseball/>

National Baseball Hall of Fame: <http://www.baseballhalloffame.org/>